

# Curriculum and Knowledge Map - Term 6

## Lower School

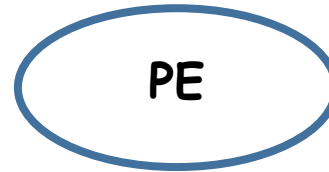
Pupils will take part in Team Building challenges and games where pupils will problem solve and execute working with others. Team Building allows students to develop stronger relationships and trust among each other.

Pupils will also take part in outdoor and adventurous activities whilst being encouraged to work in a team.

**Know** how to follow rules.

**Know** how to work as a team.

**Know** what skills team work needs.



## Middle School

Pupils will take part in outdoor and adventurous activities, which present mental and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group. Pupils will also take part in team games where they have opportunities to devise tactics and work as a team to execute them.

**Know** how to work as a team.

**Know** what skills are required to be a successful team.

**Know** how to devise tactics to be successful.

## 14-16

Pupils will take part in outdoor and adventurous activities, which present mental and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group. Pupils will also take part in team games where they have opportunities to devise tactics and work as a team to execute them and use analysis skills to adapt those tactics.

**Know** how to work as a team and what skills are required.

**Know** how to devise tactics to be successful.

**Know** how to analysis themselves and the team in order to make improvements.



## Sport, Health & Leisure

Pupils will completing their individual goals within a sport and leisure environment. This will give them the skills to show commitment to something that will benefit themselves. Pupils will evaluate their SMART goals and ways in which they can track progress and adapt where necessary.

**Know** how to set a goal.

**Know** how to keep track and adapt goals when necessary.

**Know** how to evaluate progress towards their goal.